



GLAD House  
1994 Madison Road  
Cincinnati, Ohio 45208

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“GLAD House is a part of our family because of the support they provide. When my child first came to GLAD House, it was very rough in the beginning but it got better with time. They taught my child how to take accountability for their actions. My child would not have friends if it wasn't for GH. GH has pushed them to do things they never would have before; his communication skills have greatly improved because of the group work and now he can make friends at GH and beyond.

- GLAD House Parent

”



## GLAD House 2023 Impact Report

Celebrating 25 Years!





# A Letter from the Director

As I reflect on 25 years of GLAD House and my connection with the agency, several stories flood my mind. My first thought is meeting a GLAD House therapist about 17 years ago and being amazed that there was such a comprehensive program focused on high-risk children. I called on that same therapist 7 years ago when I was looking to make a change and saw the Executive Director posting. I am so glad she gave me the courage to apply for the position.

I am extremely lucky to be a part of an agency that values quality, comprehensive services. We provide basic needs for the children such as food and a safe place to connect with peers and trusted adults. GLAD House is not like any other agency—our program not only teaches coping and social skills; it also has time built in the daily schedule to practice those skills. Due to our frequent treatment days and length of time spent with the children, they are able to develop trust and connections with peers and safe adults.

This security is imperative for children, like Tyreek and his younger sister, Tara. Tyreek, 10 years-old, came to GH very angry because he felt the world was against him, and Tara barely spoke a word outside of the home due to their traumatic experiences. As they continued to attend GLAD House, we saw them respond positively to the structure of the program—beginning to trust and feel relief due to the consistency of our team approach. Tyreek started journaling his anger, and learned about the fear and anxiety underneath his feelings. Tara started communicating with staff just one word at a time; each of those little words added up, and she has grown to be a leader in her group! Tyreek recently shared with me:

“My life was in shambles before GLAD House. It was hard, stressful and crazy. At GLAD House I learned to control my anger. Now I’m a peer mediator at my school because of my involvement with GLAD House.”

An empathetic team with excellent communication can really make a difference in many children’s lives. After 25 years, GLAD House continues to lead the way providing a safe and therapeutic community to empower families to break the cycle of addiction. Thank you for your support in these children’s journeys.

With Gratitude,

*Michelle Cox*

Michelle Cox, Executive Director

# Help Us Reach Our Goal!

In honor of our 25th anniversary, we’ve set a big goal:

***Raising \$250,000 to continue changing lives***

We’re already halfway there, thanks to your unwavering support and belief in our mission!

The best part? An incredible anonymous donor has pledged to **match every dollar, up to \$50,000**. That means every gift you give is **doubled** in its impact!

With your generosity, we can reach this milestone and continue creating brighter futures for the children whose lives are being changed by GLAD House.

***Together, we are Giving Life A Dream!***



Pictured above: GLAD House founder, executive director, founding board members, and current board members at our 25th Anniversary Celebration!



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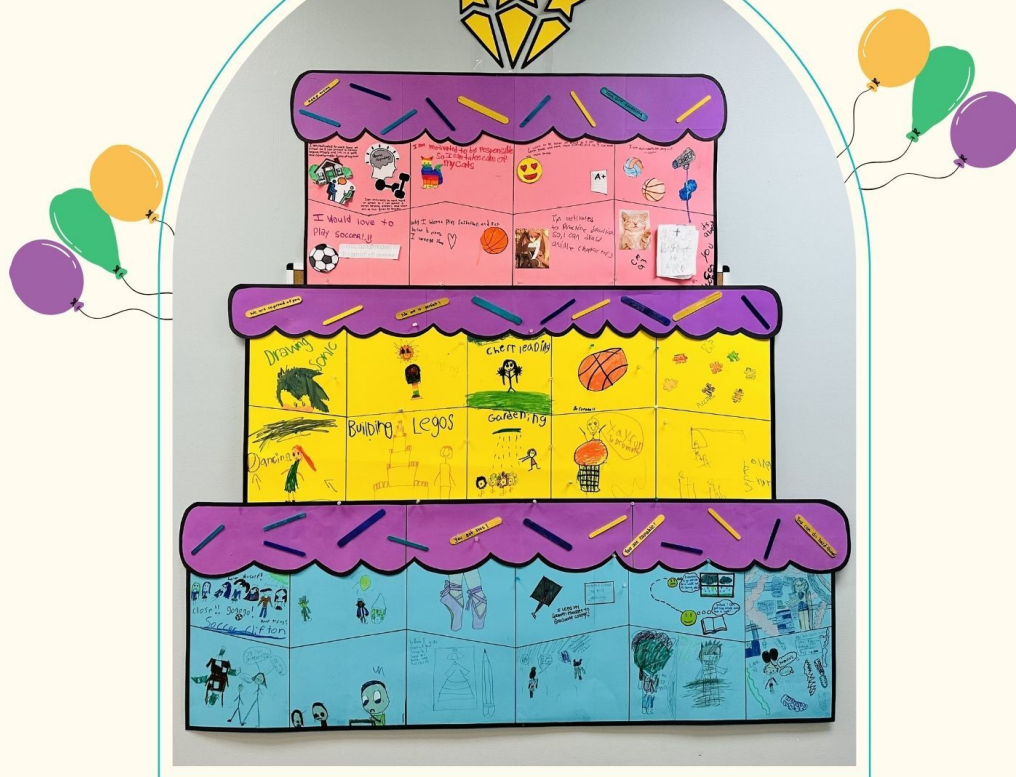
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## DONATE TO GH:





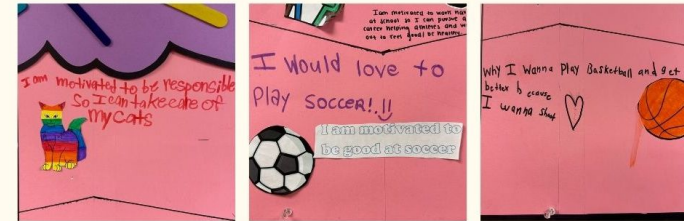
# Celebrating Successes!



Our kids worked together to create a larger-than-life artwork. Their cake showcases how they achieve success in their lives!

## Top Tier: Motivation!

Group 3 kids evaluated their goals and what motivates them to achieve those goals. Each kid identified something they are working toward, and explained what motivates them to continue working hard in school, developing skills, training for various sports, and more.



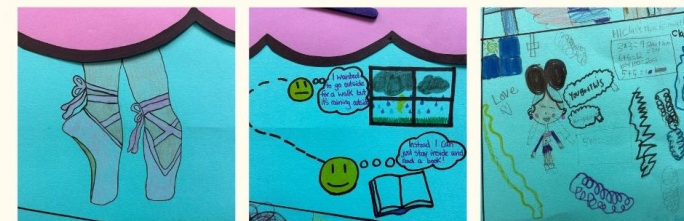
## Middle Tier: Building Self-Esteem!

Group 1 kids identified skills they have and activities they engage in that build self-esteem. Each kid shared an activity they love that makes them feel good about themselves.

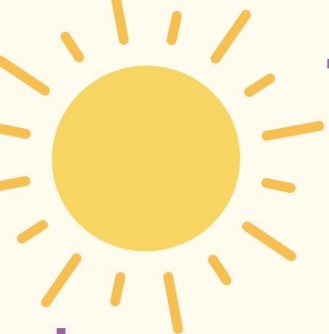


## Bottom Tier: Growth Mindset!

Group 2 kids were taught about growth mindset and the idea that challenges offer the opportunity to grow and try new things. Each kid identified a way that having a growth mindset has helped them face a challenge in life.







## Summertime Success!

GLAD House's 25th year has been full of hope, fun, and success! We'd like to introduce you to a remarkable GLAD House child who embodies the spirit of resilience, camaraderie, and growth—Mason.

Mason was a spirited 7-year-old boy in our summer program, and his adventure this summer was learning how to swim! One of the most anticipated highlights for our kids is our weekly visits to the swimming pool.

Our pool visits not only are a place for the kids to have memorable and fun experiences, but they also provide our kids the chance to practice the social tools they are learning in their peer groups. The pool has a challenge for our younger kids: There is a shallow pool and deeper pool, and to access the larger pool the kids must pass a swim test. Mason set his sights on this challenge from day one!

Every week, Mason would jump right in to try the swim test. He understood that learning to swim wouldn't be easy, but he embraced the challenge with optimism because of how uplifted he was by everyone around him. His fellow GLAD House kids rallied around him, offering guidance and encouragement. They'd be right there with him in the water, providing tips and cheering him on with every stroke.

Despite his consistent efforts, Mason hadn't passed the swim test by the end of the summer. But when we asked him about his summer experience, his face lit up and he said, "This was the best summer ever!"

For Mason, the "best summer ever" wasn't about mastering the deep end; it was about the incredible journey he had with his friends. Over the weeks Mason made so many friends, and discovered his own self-confidence and personal growth.



## Your Support Changes Lives...

Mason's story is a testament to the transformative impact of GLAD House on the lives of the children we serve. At GLAD House, success isn't solely measured by the challenges we conquer but by the personal growth and connections we nurture. His experience at the pool taught him the value of resilience, and the friendships he formed at GLAD House became a foundation of support and encouragement.

Thanks to the incredible support of our community, GLAD House is a place where kids grow, gain confidence, and form bonds that last a lifetime. Your continued support enables these transformative moments, and we are immensely grateful for your contribution.

Thank you for being a vital part of Mason's journey and for helping us create unforgettable summers filled with growth, self-confidence, and lifelong friendships! And see the break-out box below to learn about some of the coping skills kids like Mason learn at GLAD House!

### Coping Tools: Challenging Thought Distortions

#### Step 1: Notice the Unhelpful Thought

#### Step 2: Thought Stopping

- Say stop in your mind
- Imagine a big red stop sign
- Picture your thought as a bug and squash it!

#### Step 3: Challenge the Unhelpful Thought

- Look at how truthful your thought is
- Where's the evidence for this?
- Is there another way to look at this?



# GLAD House Financials

## 2023 REVENUES



- Contributions: 39%
- Foundations/Grants: 30%
- Medicaid Billings: 17%
- MHRS: 14%

## 2023 EXPENSES



- Program: 68%
- Management and General: 14%
- Fundraising: 18%

\* Data Unaudited for Fiscal Year 2023 (July 1, 2022 - June 30, 2023)

\*\* Net Assets: \$2,243,865

## YOU CAN CHANGE LIVES

CHARITABLE GIFTS to GLAD House provide support for the agency to fulfill its mission and help donors with important financial benefits and potential tax savings. There are many meaningful opportunities for you to change the lives of the children and families we serve. Please consider the following:

### CHARITABLE CONTRIBUTIONS:

Gifts of cash and checks provide an important source of annual support for GLAD House.

### GIFTS IN-KIND:

GLAD House is often in need of in-kind donations such as school and craft supplies, snacks, educational materials, or games. Please contact us to discuss current needs.

### MEMORIALS AND TRIBUTES:

Donations may be made in memory of a loved one or to commemorate a special occasion. This is a wonderful way to recognize someone special who has touched your life in a meaningful way.

### BEQUESTS:

Remember GLAD House in your will. Through estate planning provisions, you can leave a lasting legacy to support GLAD House and the work it does.

### PLANNED GIFTS:

There are various planned giving options available offering opportunities that will have a major impact on GLAD House while providing numerous benefits for the donor. Examples include gifts of stock, real property, life insurance, retirement plan benefits, annuities, or trusts. Consult your attorney, accountant, and/or financial planner to discuss the best options for you.

## Donations, With Thanks

It is with sincere gratitude that we recognize the generous donors who made financial and in-kind contributions to GLAD House. This listing reflects gifts received from July 1, 2022 - June 30, 2023.

### DONATIONS (\$1000+):

Mary Abbott  
Christopher & Denise Adams  
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