



1994 Madison Road
Cincinnati, Ohio 45208
gladhouse.org

NON PROFIT
US POSTAGE
PAID
CINCINNATI OH
PERMIT NO. 139



GLAD HOUSE

2019-2020 ANNUAL REPORT



From Little
SEEDS
Grow Mighty
TREES



Breaking the
Cycle of
Addiction

From Little Seeds Grow Mighty Trees



Little Seeds

The theme of this year's annual art show is, **From Little Seeds Grow Mighty Trees!**

The GLAD House kids are excited about growth—they know that the seeds they plant today will grow into the amazing lives they can have in the future!

Every day at GLAD House, our kids are planting seeds: they develop coping skills, form healthy bonds with friends and trusted adults, learn about their risk factors, and simply have a safe place to experience being a kid!

These seeds will grow into a lifetime of resilience, helping EVERY GLAD House kid achieve their potential and live fulfilling lives free of substance abuse.

We asked our kids to draw the ways that they want to grow in the future, and together, we created a tree of growth!

According to our last Caregiver Survey:

- **100%** of our kids improved their academic performance
- **78%** of our kids improved their peer relationships
- **100%** of our kids' family lives have improved
- **92%** of our kids decreased their levels of aggression
- **100%** of our caregivers would recommend GLAD House!
- **75%** of our kids improved their social skills



A Day in the Life of a GLAD House Kid

The Covid-19 Pandemic has added uncertainty and concern to all of our lives. In this time, it is so important for our children to have a stable, safe place. Thanks to our donors, every day that children come to GLAD House, they receive:

- A healthy snack as they are greeted by our Program Coordinator. She asks them how their day was, and if there is anything on their minds that they want to talk about!
- A mental health lesson with their peers to build resiliency and healthy coping skills.
- Outdoor recess with sections for social distancing.
- Individual sessions to talk about their personal struggles.
- A warm, nutritious dinner.
- Safe transportation to GLAD House from school, and home after program.

Thank you for empowering every day at GLAD House to be the stable ground that our kids rely on, so they can plant roots and GROW!

Growth Through Challenges

A Letter from the Director

Growth.

What does it mean to you to grow? When I chose the theme for this year's annual talent show, I had a practical vision in mind:

- Steady referrals
- High attendance and enrollment
- Dramatic decrease in behavior reports
- New training program for foster parents

In the fall of 2019, we were already achieving our goals! Many individuals were reaching out to us to ask about our comprehensive program and amazing results. But I did not anticipate the many ways in which GLAD House would grow for the rest of the year.

When the Ohio schools closed in March, GLAD House also closed our doors to keep our kids, staff, and families safe. For a moment, we wondered: How can we, an after-school mental health program, serve our children when it was not currently safe to see them in person?

What about our growth?

But GLAD House could not be paused for long. Our staff immediately sprang into action to assess our kids' changed needs. Many families were now in need of food and necessities delivered (in a socially distant way!) to their homes. Some families needed help connecting to other resources in their communities.

Most importantly, our kids needed to receive tele-health, to continue the hard work they had begun at GLAD House.

While we saw to those needs, we also began to assess how to bring our kids safely back in person.

We put out a call, and you, our incredible donors, answered!

Thanks to the generous donations of our community, we were able to:

- Transport kids in small family groups to and from GLAD House
- Purchase masks and small tables that could be placed 6 feet apart in group rooms
- Invest in fun activities that could be done on-site in lieu of field trips
- Purchase thermometers and ample disinfecting supplies

All of this enabled us to safely bring our kids back to the GLAD House building in person on June 22! We were so excited to welcome them back. The kids were hungry—literally for food, and also for positive connections with adults and peers.

We tapped into our creativity to create safe and fun activities that were socially distant but connected the kids to one another. We had a talent show and a pep rally. We learned a dance routine from Elementz and worked together to solve puzzles in breakout rooms. We were also able to have an end-of-summer field day!

Growth isn't always about becoming bigger or better. Sometimes it is about challenging yourself to do things in a different way. Sometimes it is about letting go of anger, anxiety, and fear, and being grateful for what you have. Little Isaiah said it best, "Thank you for keeping GLAD House open. It is important to us and I am grateful."

GLAD House is a safe haven for families impacted by addiction, especially as we all experience this pandemic together. We are forever grateful for your ongoing support, talents, and time to ensure GLAD House's doors always stay open to support families in breaking the cycle of addiction.

Sincerely,

Michelle Cox

Michelle Cox, MSW, LISW-S, OCPs

Success Story: Reagan

With the support of our generous community, GLAD House's small, specialized staff makes a BIG impact! 11-year-old Reagan shared, "GLAD House is family. We know we have all been through hard times. I used to cry every single night because I missed my family, but then I came to GLAD House and they helped me talk about my feelings. When you go into the group rooms, all you see is positive stuff like coping skills, and reminders that you are beautiful."

"Something I love about GLAD House is that your friends are here to support you. When you are upset or going through a hard time, they know what you are going through. The group leaders are there for you no matter what and they care about your feelings."

- Kiera, age eleven

GLAD House Board of Directors

Paul Hansen
President

Mary Rita Washburn
Vice President

Liz Freedman, PHR, SHRM-CP
Secretary

Ryan Strizak, CPA
Treasurer

Kristy Anderson, MSW, LISW-S

Deborah Curt-Nagy, LSSBB

Jennifer Ready

Kevin Jamison, Ed.D.

Gretchen Ramstetter

Brigitte Riley, CPA

Kathy Wedig, MD

Beatrice C. Lampkin, MD
Founder



Adverse Childhood Experiences



What are ACEs?

Adverse Childhood Experiences are a measure of negative experiences that can dramatically impact a child's long-term physical and mental wellbeing. These experiences can be:

- Abuse and Neglect
- Parental Substance Abuse
- Household dysfunction

By intervening early and intensively, we can prevent childhood trauma from impacting our kids for the rest of their lives.

When you look at a GLAD House kid, they certainly don't look any different than a typical child! But when our kids go to school and out into the world, there is an invisible gap that we cannot see: our kids are coping with childhood trauma.

People with 3 or more ACEs are more likely to have lasting long-term health effects, like using drugs and alcohol, developing heart disease, and developing cancer. **GLAD House children currently average 3 ACEs.**



GLAD House staff in Joining Forces for Children ACE Awareness shirts.

Acknowledge your Past.
Own your Present.
Embrace your Future!

For more information about ACEs, visit joiningforcesforchildren.org






Your Donation in Action

We can't change the trauma that our kids have already experienced—but we CAN teach them the skills they need to better their futures! Studies have shown that with intervention tactics, the negative impacts of toxic stress can be prevented. These studies show that kids need:

- A nurturing, safe, stable environment
- Learn to cope with adversity
- A belief in their own abilities

This is where GLAD House comes in. GLAD House's comprehensive program is designed with a trauma-informed care approach, to intervene early and help our kids heal from the traumas they have experienced by living with a caregiver addicted to substances.



- 
Prevent Substance Abuse
 All kids participate in prevention education focused on substance abuse and bullying. They develop emotional and social skills that give them confidence to stand up and say no!
- 
Improve Mental Health
 Providing individual, group, and family treatment along with case management helps our kids manage emotions, change behaviors, and effectively deal with life's challenges.
- 
Strengthen Families
 Focusing on the family is so important to our kids' success! GLAD House involves the entire family in the healing process to build trust and achieve long-term goals.
- 
Achieve Success in Schools
 Homework assistance puts kids on track to succeed in school. Our therapists work with families and schools to create individualized learning plans for kids who need extra help.
- 
Improve Social and Life Skills
 Recreation and cultural activities open new horizons and spark interests in youth as they experience the arts, music, science, and diverse events that are positive alternatives to drug and alcohol use. They learn to create future goals with self-determination and self-advocacy.



The effects of ACEs can be long-term and devastating in a child's life, but they do not have to be! Thank you for empowering GLAD House to intervene early in the lives of children with trauma, to help them break the cycle of addiction!

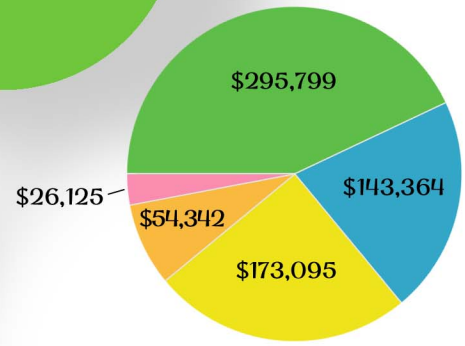
GLAD HOUSE Financials

Fiscal Year 2019 - 2020

Donations, With Thanks

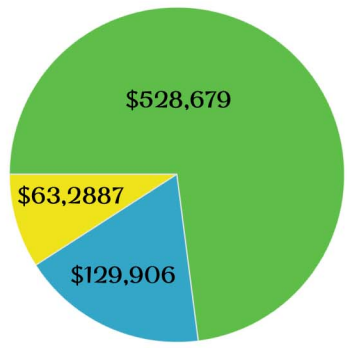
It is with sincere gratitude that we recognize the generous donors who made financial and in-kind contributions to GLAD House. This listing reflects gifts received from July 1, 2019 - June 30, 2020.

2020 REVENUES



- Contributions: 43%
- Medicaid Billings: 21%
- Foundations/Grants: 25%
- MHR SB: 8%
- Investment/Other: 3%

2020 EXPENSES



- Program: 73%
- Management and General: 18%
- Fundraising: 9%

* Data Unaudited for Fiscal Year 2020 (July 1, 2019 - June 30, 2020)



Ways to Give

Charitable gifts to GLAD House provide support for the agency to fulfill its mission and help donors with important financial benefits and potential tax savings. There are many meaningful opportunities for you to change the lives of the children and families we serve. Please consider the following:

Bequests:
Remember GLAD House in your will. Through estate planning provisions, you can leave a lasting legacy to support GLAD House and the work it does.

Planned Gifts:
There are various planned giving options available offering opportunities for commitments that will have a major impact on GLAD House while providing numerous benefits for the donor. Examples include gifts of stock, real property, life insurance, retirement plan benefits, annuities, or trusts. Consult your attorney, accountant, and/or financial planner to discuss the best options for you.

Charitable Contributions:
Gifts of cash and checks provide an important source of annual support for GLAD House.

Gifts In-Kind:
GLAD House is often in need of in-kind donations such as school and craft supplies, snacks, educational materials, or games. Please contact us to discuss current needs.

Memorials and Tributes:
Donations may be made in memory of a loved one or to commemorate a special occasion. This is a wonderful way to recognize someone special who has touched your life in a meaningful way.

TREE LEVEL (\$1000+)

- Deborah Borchers
- Eleanor Botts
- Bob and Deborah Carroll
- Robert and Pattie Coffaro
- Dr. Margaret Collins
- Dr. Pearl Compaan
- Gary and Jan Dunbar
- Elizabeth Ann Elliott
- Michael and Maria Fox
- Liz Freedman
- Lewis and Patricia French
- Paul and Lisa Hansen
- Ruth Harrison

MAUREEN HEEKIN

- Robert Johnston
- Dr. Beatrice Lampkin
- Robert D. and Paula Lindner Jr.
- David and Joann Lindner
- Betty McQueen
- Bernard Suer
- Jennifer and Todd Ready
- Sara and David Rorer
- Kent Savage
- Mary Schwaderer
- Norma Tassian
- Janet Goldsberry Todd
- Mary Rita and Todd Washburn

SAPLING LEVEL (\$500-\$999)

- Dr. Denise and Christopher Adams
- David and Margy Brown
- Michael Cambron
- Dr. Kathleen Emery
- Barbara Fitch
- Dr. Ralph and Barbara Gruppo
- Dick and Jane Hohn
- Mary Ann Jervis
- Stephanie Klump and Elizabeth Delay
- Joni and Lars Kreitzer
- Timothy and Patricia Martin
- John McCoy
- Kathryn Shahani
- Robert Simpson III
- Ryan Strizak
- Brittany Ulrich
- Jennifer Welham



SPROUT LEVEL (\$100-\$499)

- Mary Abbott
- James and Marjorie Anderson
- Dr. Diane Babcock
- Jennifer Baker
- Annie Bennett
- Dr. Omer Berger
- Richard Bloss
- Dr. Kevin and Nancy Bove
- James Brannan
- William and Alberta Brown
- Mark and Beverley Bruggeman
- Dr. Ralph Buncher and Maxine Berkman
- Carolyn Burke
- Lee Carter
- Dr. Walter Hulon & Dr. Cheryl Christensen
- Marilyn Cones
- Alvin and Ava Crawford
- Mark Crowley

Donald and Mary Jo Peairs
 Gretchen Ramstetter
 Dale and Carolyn Rayney
 Roger Rettig
 Caroline Richards
 Brigitte and Grant Riley
 Paul and Staci Rumpke
 Todd and Gina Ryan
 Dr. Catharine Saelinger
 Bill and Janet Sarran
 David and Lisa Schackmann
 Michael and Angela Schoose
 Susan Sewell
 Barry and Mary Smyth
 Lori Stockfish

SEED LEVEL (UP TO \$99)
 Kristy and Brian Anderson
 Betsy Baxter
 Dr. Paul Bellet
 Dr. David and Elaine Billmire
 Alexandra Birr
 Melissa Branhan
 Dr. John and Dr. Debra Breneman
 Brian and Lois Brimelow
 Sylvia and Thomas Brown
 Kendra Browning
 Gaye and William Calhoun
 David and Cynthia Caracci
 Christina Carnahan
 Gerald and Gail Chuck

Daniel and Jerri Hanus
 Jere and Elizabeth Hardy
 Carl and Diane Iseman
 Anne Keefe
 Patricia King
 James and Molly Knecht
 Frank and Susan Kohorst
 Karen Larsen
 Robert and Deborah Luther
 Bradley and Jonna Miller
 David and Sally Moffitt
 Glenn Montague
 Dr. Charles and Virginia Myer
 Marlyn and Marjorie Rabenold
 Ann Shepard-Rueve
 Tom and Linda Shevlin
 Dr. Edward Silberstein
 Paul and Elizabeth Sittenfeld
 Geoffrey Smith
 Mark and Margaret Stedtefeld
 Bruce Tillinghast
 Carol Tully
 Samantha Washburn
 John Wild
 Gwendolyn Wilder
 James and Jennifer Wise
 Ina Ziegler

CHURCHES

Greater Liberty Baptist Church
 Pleasant Ridge Presbyterian Church
 St. Columban Church
 The First Presbyterian Church Of
 Glendale
 Westwood First Presbyterian Church

CORPORATE DONORS

Air Pear
 Amazon
 Bank Of America
 Belterra Park
 Carnegie Investment Counsel
 Cincinnati Children's Hospital
 Medical Center
 Formica
 Kroger Co. Foundation
 O'Bryon's Bar & Grill
 Sibcy Cline, Inc.

IN HONOR OF

Patricia Cox
 Gary Dunbar
 Dr. Stuart Handwerker
 Steven Hoath
 Dr. Beatrice Lampkin
 Betty Lindner
 David Lindner
 Martha Savage
 Adele Schiff
 Mary Schwaderer
 Janet Todd
 Richard Todd
 John A. Williams
 Dr. Judy Ziegler

Marianna Cruse
 John Dallman and Kathleen Whelan
 Ivan and Carolyn Davies
 Cynthia Delaat
 Michelle and Ryan Donovan
 Terry Donovan
 Robert and Karen Faaborg
 Judy Anne Fox
 Janis Gaskill
 Dr. Jay Geiser
 Robert and Charlotte Goering
 Stewart and Nancy Greenlee
 Judge Deidra Hair
 Robert and Nancy Hancher
 Jack and Madeline Heffner
 Sheri Hoath
 Robert Ingberg
 Theodosia Kalfa
 William and Elizabeth Kearney
 Connie Kingsbury
 David and Nancy Kitchin
 Timothy Kramer
 Beverly Lampkin
 Dr. Jonathan and Cynthia Lampkin
 Diana and John Lanza
 Dr. Jeffrey and Andrea Lobel
 Dr. Pamela Lockwood
 David Logan
 Ted and Marilyn Lucien
 Daniel and Mary Mahoney
 Richard and Kimberly Martin
 Sue McFarland
 Caryl Osterhus
 Paul and Carmen Parks

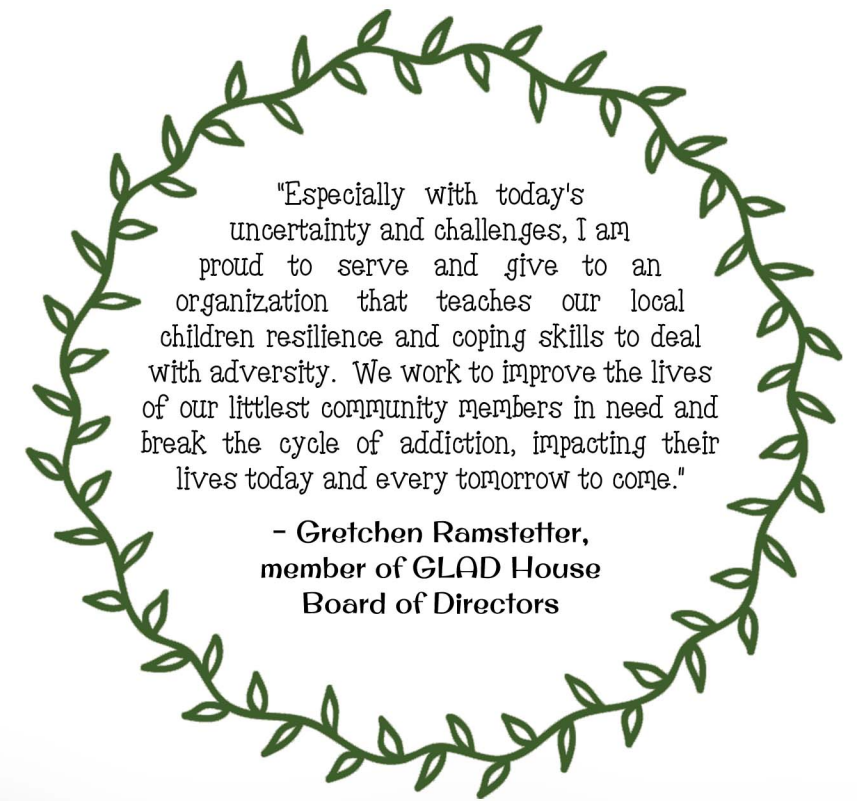


Dr. Theodore and Carol Striker
 Dr. William Tedford
 William and Nancy Tidd
 Mark and Edith Vicario
 Sarella Walton
 Matt and Nicki Warye
 Dr. Kathy Wedig and Bob Stevie
 Dr. Jeffrey and Dorinda Whitsett
 Dr. Judith Wilimas
 Mary Williams
 Dr. John Ziegler

Howard Constable
 Kenneth and Carole Crebs
 Deborah Curl-Nagy
 Janet Deters and Colleen Needham
 Ryan and Phoebe Dierkers
 John and Joanne Earls
 C. Richard and J. Kay Eby
 Joyce Fecher
 Dr. and Mrs. Harold Fogelson
 Stephen and Julia Gressel
 Roberta Handwerker

FOUNDATIONS & GRANTS

William P. Anderson Foundation
 George & Jean Perbix Charitable Fund
 Hamilton County Sheriff's Office
 Richard J. & Marion E. Heekin Memorial
 Fund
 Interact for Health
 Magnified Giving Student Philanthropy
 Project
 Marge and Charles J. Schott Foundation
 Richard J. & Jane O'Neill Allen Fund
 Robert & Adele Schiff Family Foundation
 Robert H. Reakirt Foundation
 Marianne R. Rowe Fund
 Susan J. and Douglas Ws. Bierer Fund
 The City Club Of Cincinnati Foundation
 The Daniel & Susan Pfau Foundation
 The Trust Estate Of George B. Riley



"Especially with today's uncertainty and challenges, I am proud to serve and give to an organization that teaches our local children resilience and coping skills to deal with adversity. We work to improve the lives of our littlest community members in need and break the cycle of addiction, impacting their lives today and every tomorrow to come."

**- Gretchen Ramstetter,
 member of GLAD House
 Board of Directors**