



GLAD House
1994 Madison Road
Cincinnati, Ohio 45208

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20th Year
Anniversary
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SPRING FORWARD

Improving the lives of children and their families by breaking the cycle of addiction

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— Helping Hands Pantry —



Family therapy is essential to a child's treatment; when caregivers reinforce what the kids learn at GLAD House, they help the teachings become permanent and build better relationships with their kids.

But...

When your electric bill is due, you're short funds, you barely have enough cash for a bus fare, and you just ran out of toilet paper, making it to family therapy may be the last thing on your mind.

At GLAD House, we found that many of our caregivers are struggling to provide basic necessities for their families. They can often receive food from shelters, but other hygiene necessities—like body wash, toothpaste, and paper towels—are not supplied. Providing daily care for their kids is a challenge.

Several months ago, we put out a simple ask to our board members to help one family in particular with supplies. Their response was overwhelming and generous, more than was needed for one family, and inspired us to set up a "Helping Hands Pantry" of supplies so that we can help our families as needed.

We're thrilled to be able to offer this support, which is in addition to our case management services that help connect our families to outside resources. When their base needs are met, then the families can better focus their attention on their therapeutic needs.



This year, GLAD House is celebrating 20 years of operation! What does this mean?

- * 20 years of providing mental health treatment to children of addicted parents.
- * 20 years of teaching children how to build drug-free lives.
- * 20 years of connecting families with the resources they need to improve their lives.
- * 20 years of breaking the cycle of addiction.

Read on to learn more about 20 years of success!



GLAD HOUSE

You're Invited!



GLAD HOUSE THROUGH THE DECADES: 1998 TO TODAY

ANNUAL MEETING

When: June 26, 2018; 5:00 - 6:30 pm

Where: 1994 Madison Road,
Cincinnati, OH 45208

You're invited to GLAD House's annual meeting of board and community members. Please join us to learn more about GLAD House and the great work we do. We will host a review of our last year's endeavors and accomplishments, honor retiring board members, and look forward at the year to come.

What's more, you will have the opportunity to tour GLAD House and see the larger-than-life art projects the kids created for this year's theme: There is a Superhero Inside of Us! Come find out how our kids are being superheroes in their own lives, and see their 7-foot-tall Robot Superhero!



When GLAD House opened its doors in 1998, the drugs of choice among our caregivers were alcohol and cocaine. Many parents were struggling to combat their own addiction while also caring for their children. For some mothers, they knew they needed extra help. That's where GLAD House stepped in.

The very first GLAD House kids were a part of our residential program, able to receive care and treatment full time while their parents pursued their own recovery.

In 2000, GLAD House determined the best way to serve the growing population was to transition to a part-time after school and summer program, where we could serve more kids while still providing daily therapeutic interventions. For 15 years, GLAD House was located on the St. Aloysius campus, until 2013 when we expanded to our own building in O'Bryonville next to Owl's Nest Park.

Today, the opioid epidemic has made treatment for children more necessary than ever. GLAD House offers an integrated combination of mental health treatment and prevention education.

GLAD House has a vision: Children impacted by addiction will lead fulfilling and purposeful lives free from substance abuse. They will be the generation to break the cycle of addiction.



Kids from all over Hamilton County come to GLAD House after school and during the summer to our holistic Champs program. Our kids, age 5-12, are part of groups based on their age. The goal of each group is simple: that these kids will learn that they are in control of their own lives, and they can build any future they want for themselves. To do this, our staff uses evidence-based curriculum to help the kids learn important life skills. Every child at GLAD House participates in group therapeutic activities with their peers, as well as has the opportunity for individual and family therapy.

Prevention education is a key element of our program. Studies show that children of addicted parents are 8x more likely to become addicts themselves later in life. It is very important for these children to learn their risk factors and how to build lives free of drugs. At GLAD House, we provide our children with the knowledge they need about drugs and their own risks. To help them grow up drug-free, we introduce them to outside activities like yoga, horseback riding, and sports to connect them with the community and spark interests that will last a lifetime.

By combining mental health treatment and prevention elements, GLAD House has created a comprehensive program that addresses our children's needs to grow into happy, healthy adults. Our staff members are continuously involved with our community partners so that we can stay on top of the latest research and treatment, to ensure we will provide the best treatment possible for years to come!

20th ANNIVERSARY GALA

When: September 15, 2018; 6:00 pm - 9:00 pm

Where: Location To Be Announced
Contact GLAD House for details

In celebration of our 20 years of service, GLAD House is hosting a celebratory gala!

Please join us for an evening to support Cincinnati's children of addicted parents, and to honor those who have made our mission possible. We will be hosting a cocktail hour, dinner, and entertainment to celebrate our 20 years of success.

All funding raised will go to providing mental health treatment and drug prevention activities for our kids. Ticket information to come.

CCAP CONFERENCE

When:
November 14, 2018
8:00 am - 5:00 pm

Where:
Northern Kentucky
Convention Center

GLAD House is partnering with Children's Hospital and Collaborative for Children of Addicted Parents to host a conference that brings together community providers that serve these children in need. Cincinnati has a shortage of services for children of addicted parents, who experience trauma and stress in their formative years that impacts them for the rest of their lives.

Discussed will be the issues that affect these children, and how the Cincinnati community can provide treatment to them moving forward. This conference is a great learning and collaborative opportunity for those in the healthcare, mental health, education, and other related fields.